Box 980
4907 - 49th Street

Phone: 403-843-4304
Fax: 403-843-4346
E-mail: rimbeynp@telus.net

10 –4
Tues to Thurs

Funded by Central Alberta Child and Family Services Authority

Rimbey Addiction Clinic

Addiction counseling every Thursday at Rimbey Mental Health for people experiencing difficulties with alcohol, drugs, or gambling or who has a loved one having difficulties with addictions. Please call 403-340-5274 to arrange an appointment.

Rimbey Neighbourhood Place

To advocate for individuals and the community

To promotes community awareness and education

To coordinate community services

To help the community turn ideas into realities

To liaison between community and government

On-going planning for the future

To be a catalyst to encourage community input into the planning of services

Caregivers

You can assist a child in your community!

Within Central Alberta, there are children who need a secure safe home and caring individuals to support and nurture them as they grow.
There are many options available to individuals who choose to assist children to reach their full potential. To assist a child you can:

Become a foster parent - Foster parents open their homes to children in need, and support them to return to their family home when possible. Some foster parents may choose to adopt the children they provide care to if the children are eligible.

Become a kinship caregiver - Individuals who have a significant relationship with a child in care can provide that child with a home. Grandparents, relatives, coaches, teachers, or neighbours, may have a role to play in helping a child stay connected to their culture and their community.

Provide a permanent home to a child or a sibling group - A permanent, loving home is what our children need to grow strong.

Help spread the word - That foster parents, kinship caregivers and adoptive parents are needed. Word of mouth is the best way to let others know that there are children in our community in need.

If you are interested in assisting or if you need more information, please call (403) 755-6104. For toll-free service first dial 310-0000.

Rimbey and Area Community News

DECEMBER 2011

VOLUME 1 ISSUE 7

FREE

Central AB Women's Emergency Shelter

My name is Kellie Cummings and I am excited to begin working within your community as your new Family Violence Outreach Worker.

I have been working for the Central Alberta Women's Emergency Shelter for three years and I am here to provide your community with information, referrals, and support to women affected by domestic violence within Rimbey and surrounding rural communities.

This program provides essential support and information regarding Domestic Violence, Teen Dating Violence, and Family Violence. I will come out to Rimbey and meet with you or if you prefer meeting elsewhere we can do this also. All meets are confidential and no decisions have to be made.

Please contact me through the main C.A.W.E.S line at 403-346-5643 or the toll free number is 1-888-346-5643.

Rimbey Victim Services

Hello, I would like to introduce myself to the community. My name is Janet Porter. I am the Interim Victim Services Coordinator. We are looking for some special people that want to give back to their community as advocates.

Have a Safe and Blessed Christmas and please don't drink and drive.

Stay Safe.

I can be reached at 403-843-2224.

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Rimbey Community Services

Contact Recreation Department
403-843-3151
programs@rimbey.com
www.rimbey.com

Featured Programs& Events

Public Skating & Shinny Hockey

The Rimbey Arena provides regular opportunities for you to come out and enjoy free public skating and shinny hockey. Please visit www.rimbey.com for the schedule (schedule is updated weekly so please check back often).

Badminton

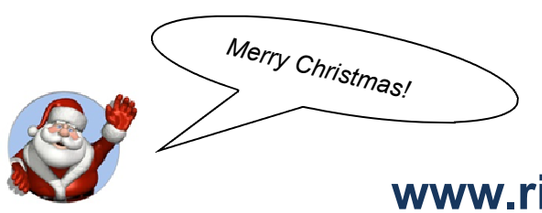
We are now pleased to provide drop-in Badminton once a week. The new Community Centre gym floor allows for 3 courts so there will be no shortage of playing time. Anyone 16 and over is welcome to come out and take on all challengers. As numbers increase down the road, we will be looking to start a league/club. *$2 Drop-in fee. Nov. 17 - April 26; Thursday's from 7pm - 9pm; ages 16+; @ The Community Centre.* *(Gym not available on the these dates: Nov. 24, Dec. 8, Feb. 9. Feb. 23 & March 22)*

Give the Gift of Health this Christmas

There no better gift to buy a loved one than the ability to stay healthy and fit in the New Year. Recreation Services is now offering discounted Fitness Program memberships for Zumba and Belly Dancing if purchased as a gift for someone who has never used the program before. Certificates can be purchased from the Recreation Office.

Santa Night & The Festival of Lights

Santa Night and The Festival of Lights are back! All are welcome to come out and enjoy this FREE community event. Get your picture with Santa, enjoy complimentary hot chocolate and a hot dog, warm up around a large camp fire and take part in a fabulous Hay Ride. In addition to this, businesses and organizations from around Rimbey have decorated the various buildings of Pas Ka Poo Park. It is up to you to decide which businesses did the best job as you will have a chance to vote. You will also have the opportunity to make a food donation to the Rimbey Food Bank or money to the Big Brothers Big Sisters Program. *Friday, Dec. 9th; 3:30pm – 6:30pm; @ Pas Ka Poo Park.*



www.rimbey.com

Upcoming Programs

• **Volleyball** ï Tuesdayõs from 7pm ï 9pm; starting Dec 6; ages 16+
Jr. & Sr. High School Gym

Å**Zumba Fitness Program -** Mondayõs & Wednesdayõs @ 6:30pm; ages 16+;
Jan. 4 ï Mar. 21, 2012 (drop-ins welcome)
Rimbey Community Centre (MA)

Å**Belly Dancing** - Wednesdayõs @ 7:30pm; Feb. 1 ï Mar 21; ages 16+
Rimbey Community Centre (UA)

Running Programs

Å**Men's Basketball –** Thursdayõs from 8pm ï 10pm; ages 18+
Jr. & Sr. High School Gym

• **Badminton** ï Thursdayõs 7pm ï 9pm; Nov 17th ï Apr 26th; ages 16+
Rimbey Community Centre (MA)

Å**Winter Walking** - Mon ï Thurs 6pm ï 8pm, Nov 1st - March 30th
Rimbey Jr. & Sr. High School
See school schedule on rimbey.com.

Å**Out of School Care Program**
3:10pm ï 5:30pm = School days
8:30am ï 5:30pm = Sched non-school days
K - grade 6 (ages 5-12)
Please register at the Community Centre

Å**Zumba Fitness Program –** Mondayõs 6:30pm - 7:30pm; ages 16+;
Sept 12 - Dec. 5th (drop-ins welcome)
Rimbey Community Centre (MA)

Å**Geo-caching** - 24/7
GPS units available at the
Rimbey Community Centre
Cache Locations @ www.rimbey.com

Å**Racquet Tuesday's** - Tuesdayõs 6:30pm - 9:00pm; all ages & abilities; Squash/Racquetball Courts

Rimbey Library

For more info call 403-843-2841

Pre-school Story time ï Tuesdays, Fridays 10:30 am
Pat-a-Cake Kids for the under three crowd ï Tuesdays 10:30 am
NO PRESCHOOL STORY TIME DECEMBER 27 & 30
NO PAT-A-CAKE KIDS DECEMBER 27
Adult Coffee Break ï Wednesdaysï 10:30 am
NO COFFEE BREAK DECEMBER 28
December 1st ï Movie Night at the Library sponsored by ConocoPhillips 6:30 pm õSanta Who?ò
December 8th ï Arm Chair Traveller ï Destination Burma ï 7:00pm
LIBRARY CLOSED DECEMBER 23, 24, 31ST

From all of us to all of yours, please have a safe and happy holiday season!!

Upcoming Community Events…

ÅForshee Hall Family Dance - Dec. 2nd
ÅArt Club - Watercolour Mountains, Lakes and Everything In Between - Dec. 3rd
ÅChristmas Farmers' Market - Dec. 3rd
ÅBethleham Walk - Dec. 4th
ÅCrafting a History (Pas Ka Poo) - Dec. 4th
ÅSanta Night & Festival of Lights - Dec. 9th
ÅRJSHS Play - Dec. 16th & 17th
ÅSargeant's Service - Dec. 18th
ÅBlood Donor Clinic - Dec. 21st
ÅFamily New Year's Eve Skating Party - Dec. 31st