



The 2nd Annual Rimbey FCSS Charity Golf Tournament will be held on **Thursday, August 9th**, at the Spruce Haven Golf Resort. We would like to take this time to invite you to participate in Annual Rimbey FCSS Charity Golf Tournament and Fundraiser. For our 2nd Annual Tournament the Rimbey FCSS has chosen Seniors Programs as the recipient for the funds raised at this year's event. A registration fee of \$150.00 per golfer includes: 18 holes of Pasture Golf, Cart Rental, Hot Breakfast served from 7:30 to 9:00 a.m., and Tee-Off at 9:30 a.m. At approximately 4:30 pm there will be a Steak BBQ with a Loonie auction and many fun prizes to be given away. We look forward to hosting you on **Thursday, August 9, 2012**. If you require further information please contact Rimbey Family Community Support Services by phone at (403)843-2030, fax (403)843-3270, or e-mail us at info@rimbeyfcss.com. Contact Peggy Makofka or Christine Simpson.



Lets Talk Domestic Violence...

Did You Know - The Link between Family Violence and Pets

- Nearly 1/2 of the women entering shelters for protection against domestic violence say their pet has been threatened, injured or killed by their partner, according to several surveys.
- Perhaps even worse for the women involved, others report they have delayed leaving their homes because they feared for their pets' safety.
- Why do batterers threaten, abuse and/or kill animals? Among the motivations:
 - to demonstrate and confirm power and control over the family;
 - to force the family to keep violence a secret;
 - to perpetuate the context of terror;
 - to prevent the victim from leaving or coerce her/him to return;
 - to punish the victim for leaving;
 - to degrade the victim through involvement in the abuse.

Family violence involves the abuse of predominately women, children and animals. People who abuse animals are often responsible for family violence. Abusers exercise power and control through the physical, psychological and emotional torture of victims who abusers know to be defenseless. The same power and control-based abuse is found across the spectrum in instances of child, elder, spousal, animal, or sexual abuse. Canadian research indicates that more than 40% of women experiencing domestic violence and who own pets significantly delay their escape to safety if it means leaving a pet behind. (Ontario Society for the Prevention of Cruelty to Animals, 2000) If we do not address the connection between human and animal violence we will continue to allow pet ownership to act as a barrier for victims of violence. The Central Alberta Women's Emergency Shelter maintains a working relationship with Red Deer's SPCA to help those families needing care and support for their animals when escaping domestic violence. If you or someone you know is staying in an abusive relationship because they fear for their pets please contact Kellie Cummings your Family Violence Outreach Worker at 403-346-5643. Please remember all calls and meets are confidential.

Rimbey Adult Learning

Upcoming Courses & Classes

April 17-June 5 Tues yoga (after work 5:30-6:45pm) This is an intermediate yoga class. Come out and challenge yourself! \$15 drop in.

April 18-June 6 Wed morning yoga (8:30-9:45am) \$15 drop in.

April 1-June 7 Thurs evening yoga (7:30-9:pm) Pre register, 8 week class. \$96

May 27 Canadian Firearms Safety Course. This is the course you need to get your firearms license. Non-restricted \$120, Restricted \$80, Combined \$180. Instructor-Guy.



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2012

Running Programs

- Open Gym Time** – Mon – Fri 12:00pm – 2:00pm; 3:30pm – 5:30pm Rimbey Community Centre (MA) \$2 Drop-in Fee; (fee will be waived for low-income families)
- Belly Dancing** - Wed @ 7:30pm; Mar 14 – May 2; Drop-ins welcome Rimbey Community Centre (UA)
- Zumba Fitness Program** Mon & Wed (select dates visit www.rimbey.com) April 2 – June 18 Register at the program; Drop-ins welcome. Rimbey Community Centre
- Volleyball** – Tuesday's from 7pm – 9pm; Jr. & Sr. High School
- Basketball** – Wednesday's from 7pm – 9pm; Jr. & Sr. High School
- Badminton** – Thursday's from 7pm – 9pm; Rimbey Community Centre (
- Geo-caching** - 24/7 GPS units available at the Rimbey Community Centre Cache Locations @ www.rimbey.com
- Racquet Tuesday's** - Tuesday's 6:30pm - 9:00pm; all ages & abilities; Squash/Racquetball Courts
- Out of School Care Program** 3:10pm – 5:30pm = School days 8:30am – 5:30pm = Sched non-school days K - grade 6 (ages 5-12) Register at the Rimbey Community Centre

Important Dates:

Sunday, May 13, 2012



Monday, May 21, 2012

Rimbey & Area Community Newsletter



Rimbey Community & Recreation Services

Featured Programs

Floor Hockey is Back!

Monday's @ 7pm; \$2 fee; @ the Rimbey Arena; ages 14+ Drop-in floor hockey is set to make its return on May 14th and will run through to August 27th. Anyone aged 14+ is welcome to come out and enjoy the fun. Floor hockey is one of those sports that will get you into shape without you even knowing what's happening. It is also a great way to keep those hockey skills sharp during the off season.

Youth Baseball Camp – Prospects Academy

Sat & Sun, May 5 & 6 (9am-12pm & 1pm-4pm both days); \$45; @ the Rimbey Ball Diamonds The Town of Rimbey is very excited to host the respected Baseball Prospects Academy at the Rimbey Ball Diamonds for a 2-day skills development camp. The camp is open to Rimbey and Area youth of any skill level (no experience required) that are ages 10-18. Elite level baseball instructors will be on hand to ensure proper techniques in Hitting, Pitching, Defense and Base running are learned. Participants can expect a mix of instruction, practice and playing. Registrations are now being taken at the Rimbey Recreation Office, \$45/person. The price includes registration, a camp T-shirt and a ticket to Edmonton Prospects Opening Night this spring.

Introductory First Aid For Youth – No School Day

May 4; 9am-1pm; ages 8-14; \$15/child; Community Centre (LR) Emergency situations can happen at any time in any place, including your own home. The Town of Rimbey is excited to provide parents with an opportunity to give their kids quality hands-on training and practice. The age appropriate course will equip children with the tools needed to respond naturally in event of an emergency. For more information or to register, please contact the Recreation Office, 403-843-3151.

Babysitting Course

Saturday, May 26th, 2012; 9am - 5pm; ages 12+; @ Community Centre (KR) Are you interested in becoming a babysitter? The Town of Rimbey is putting on a Babysitting Course this spring through the Red Cross. This program covers care of infants, accident prevention, and the rights and responsibilities of the babysitter. We are now taking registrations for the one-day, 8 hour course for April 28. Limited space available. Registration: \$50, More info: 403-843-3151

Recreation Office 5109 – 54th Street PO Box 350 Rimbey, AB T0C 2J0 (P) 403.843.3151 (F) 430.843.4267

(E) recreation@rimbey.com Website: www.rimbey.com

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Upcoming Community Events...

- Rimbey Farmers Market Kickoff – May 5
- Bowl for Kids – Big Others Fundraiser Sun, May 6 @ 1pm
- Rimbey Expo 2012 – May 11-13



Kids Help Phone's professional counselors often hear from young people who are worried about their peers. About 6% of the calls and online posts received are from kids who want to help other kids. This translates into hundreds of additional indirect contacts that Kids Help Phone makes with youth in Canada. Sometimes they call about friends, sometimes about family members or classmates. Some even call about kids they only know online through social media networks like Facebook or Twitter. Kids will even reach out to Kids Help Phone in small groups, using a speaker phone so they can all make the call together. Not only do young people call because they are concerned about their friends, but they are also worried about their relationships with friends. When young people reach out to support each other, it demonstrates courage and caring. Social support makes it easier to cope with life's stressors and can come from a variety of sources, including family, friends and neighbours. Support is linked to lower rates of depression, greater self-esteem, and more positive attitudes towards school. Kidshelpphone.ca - 1800 668-6868

Rimbey & District Employment Centre
403-843-2034, 4907 - 49 Street
Monday - Friday 8:30 am - 12:30 pm

Spring is coming and employers are looking for help! Drop in and check out the job board. Whether you're looking for full time, seasonal or part time work, there are many options.

Be sure to mark May 11 & 12 on your calendar for the Chamber of Commerce's Rimbey Expo 2012 at the Community Centre and Arena!



4907 - 49th Street, PO Box 980 Rimbey, AB T0C 2J0
(P) 403.843.4304 (F) 430.843.4346

(E) programs@rimbey.com

Office hours Monday - Thursday, Noon - 5 p.m.

Purpose:

- To advocate for individuals and the community
- To promote community awareness and education
- To coordinate community services
- To help the community turn ideas into realities
- To liaison between community and government
- On-going planning for the future
- To be a catalyst to encourage community input into the planning of services

Early Childhood Development Series - #2: One in four Canadian children is Struggling

A significant percentage of Canadian children are experiencing developmental difficulties by the time they reach kindergarten. Twenty-five per cent — or one of out of four — five-year-olds struggle with basic, age-appropriate tasks such as holding a

crayon, climbing stairs, following simple instructions and getting along with other children. This percentage does not include children with severe diagnosed disabilities. Some experts claim that vulnerability rates above ten per cent are avoidable. Clearly, a substantial number of Canadian children are not getting the start in life they need. For more information: ecmap.ca

This Month At the Library....

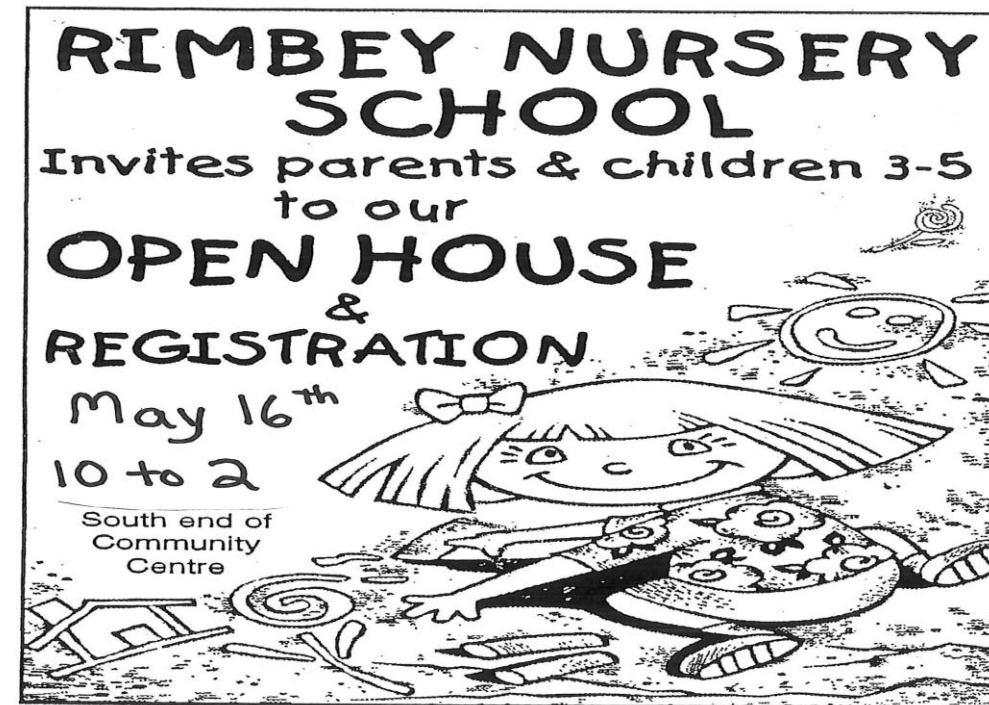
- Mondays May - August inclusive the library is open!!
- Tuesday and Friday mornings 10:30 - Children's Story Time
- Tuesday mornings 10:30 - Pat a Cake Kids
- Wednesday mornings 10:30 - Adult coffee time
- May 3rd - Movie Night at the Library sponsored by ConocoPhillips - 6:30 pm - We Bought a Zoo
- May 5th - No Guff Vegetable Gardening with Donna Balzer; 10:30 am
- May 5th - Port Tasting - 7:00 pm \$50.00 per person. Must pre-register
- May 10th - Armchair Traveller - 7:00 pm destination Cambodia
- May 12th - Mother Daughter High Tea - 2:30 pm. Must pre-register. Limited seating
- May 17th - Board Games and Pizza - 5:30 pm. \$2.00 per person. Children under the age of 6 must be accompanied by an adult.
- May 19th - 21st - Library Closed
- May 23rd - Jumpin' Jellies - It's a party at the Library! 3:30 pm. Children under 6 must be accompanied by an adult.
- May 31st - Book Club - The Immortal Life of Henrietta Lacks; Skloot, Rebecca - 6:00 pm

Come and see us at the Rimbey Trade Fair, enter to win a door prize!



Funded by Central Alberta Child and Family Services Authority

Rimbey Service Groups & Organizations



Rimbey FCSS

Hunger awareness week is May 7-11, 2012; close to 900,000 Canadians have relied on food banks across Canada this past month alone. This year during Food Banks Canada Hunger Awareness Week they are asking Canadians to "Give it Up for Hunger" and make a positive impact on the issue of hunger in our country. Hunger awareness day is May 31, 2012 so stayed tuned for information on how you can come on out that day and support your local Food Bank in making the impact. Seniors Week is the first week in June. We are looking forward to celebrating and recognizing the seniors in and around our community with a celebration at the Rimbey Drop-In Centre.

Rimbey FCSS is proud to announce that our 2nd Annual Charity Golf Tournament will be held on August 9th, last year's event was a great success and our hopes are that this year's tournament will not disappoint. Preparations are already underway, please contact us at 403-843-2030 if you would like to register to play or would like sponsorship information. All proceeds from this year's tournament will be going towards Seniors Programming in our area.

Big Brothers Big Sisters of Rimbey - 403-843-1066

"X" MARKS THE SPOT!!

Come dressed in "yer pirate best" and help us to find our treasure of \$10,000.00

1st Annual Rimbey Big Brothers Big Sisters Bowl for Kid's Sake

Sunday, May 6, 2012 2-9 pm at Striker's Alley - Rimbey

Door Prizes Team Prizes Best Costume Prizes Prizes for Most Money Raised by an Individual and a Team

DON'T BE LATE OR YE BE WALKIN' THE PLANK!!! YER ALL WELCOME!!

For information, to register a team, donate a prize, or for sponsorship

opportunities CALL (403) 843-1066 or EMAIL rimbeybbbs@yahoo.ca or to register or donate online visit www.rimbeybbbs.kintera.org

