

## PROCLAMATION

**WHEREAS** seniors are a vital part of our families, communities and province, giving generously of their wisdom, experience and love; and

**WHEREAS** one in three seniors will fall each year, with 50% of seniors falling repeatedly; and

**WHEREAS** seniors have 9 times more falls injuries than other populations; and

**WHEREAS** falls among our seniors will result in over 8,700 hospital admissions and over 24,000 emergency department visits each year; and

**WHEREAS** falling, and the fear of falling, can lead to depression and hopelessness, loss of mobility, and loss of independence; and

**WHEREAS** individuals and organizations from a multitude of disciplines across Alberta are working together to increase awareness of this issue and encourage Albertans to take steps to prevent falling; and

**WHEREAS** the quality of life is improved for Alberta seniors who remain healthy, active and independent;

**NOW THEREFORE,** I, Mayor Rick Pankiw, do hereby proclaim the month of November 2014 to be *Seniors' Falls Prevention Month* in Rimbey.

