

Recreation Services 403-843-3151 www.rimbey.com

Babysitting Course Ages 11+, \$50.00 **January 27, 2018** 9am-5pm Call 403-843-3151 to register



The Peter Lougheed Community Centre & Vern Poffenroth Memorial Arena will be closed Dec 23-27.

Christmas Free Family Skates

Dec. 28: 1:00pm-4:00pm Dec 29 & 30: 2:00pm-8:00pm

Dec 31: 1:00pm-7:00pm

Free Shinny:

Dec 31: 7:00pm-9:00pm



SELVUS

Free Skates at the Rimbey Arena

have started. Times are available on the town of Rimbey website. The Rimbey CO-OP and Servus Credit Union have graciously sponsored Family Skate on Sundays from 5:15pm-6:45pm.

\$2 Drop In Sports

Drop In sports are on various Tuesdays, Wednesdays, and Thursdays from 7:00pm-8:30pm. Please call ahead to confirm that drop in sports are running #403-843-3151





Rimbey Community Addiction & Mental Health Services

Free services offered by AHS for Children and Adults, struggling with addictions, anxiety, depression or any other mental health concern.

Hours of operation - Monday, Tuesday and Thursday, 8:00 – 4:30 p.m. Closed during the lunch hour 12:00 - 1:00 p.m. Please call 403 843-2406 for an

Victim Services

Rimbey & District

Victim Services is seeking dedicated volunteer advocates to support people impacted by crime and tragedy. Make a important difference in their lives by supporting them during difficult times. Learn about us at rimbeyvictimservices.com or facebook.com/rimbeyvictimservices. Contact 403-843-8494 for a volunteer application.





Available in Rimbey, For Everyone on a sliding scale fee.

Call Red Deer Catholic Social Services intake 403 347-8844 and ask to be seen in Rimbey

Do you struggle with Couples or Blended Family Issues, Communication, Anger management, Grief, Addiction, Depression, Anxiety, Self-esteem?

This Service is made available by contributions from Rimbey Victim Services, Rimbey FCSS and The Rimbey Lions Club



Join us for entertainment and Christmas Dinner Singles, Couples, and Families welcome

Program -1:00 pm Dinner-2:00 pm Rimbey Drop In Centre December 25th

For donations of Gifts Dave

403-843-6727

To volunteer, donate food or other inquiries Gayle-403-704-4001





Hour a Week is All It Takes! **Mentors** greatly needed in our area. Call

One



Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful.

Norman Vincent Peale

Rimbey Library

403 843-2841

http://rimbeylibrary.prl.ab.ca/eve

For the whole

month of December pay off your late fees with food for the food bank!!

December 1st - Christmas Crafts 5:30 pm
Tuesdays Pre-school Storytime (3-5) 10:30 am
Wiggle Worms (0-3) 10:30 am
Twisted Tuesdays (kg - gr 6) 3:30 pm
Wednesdays After School Adventures 3:30 pm
Thursdays Let's Go Lego! 3:30 pm (kg - gr 6)
Fridays Pre-School Storytime 10:30 am
Fantabulous Friday 2:00 pm December 8th

Busy Parent's Book Club – December 8th & 22nd 10:30 am. Children's programming provided **Saturdays** Boredom Busters 2:00 pm

Sensory Sculptors - 3:30 pm December 1st, 15th,

Christmas Movies every Thursday evening. Popcorn and Hot chocolate by donation to the food bank

December 7th Movie night at the library sponsored by ConocoPhillips 6:30 pm:Elf December 14 Movie night at the library spon-

sored by ConocoPhillips 6:30 pm: Saving Santa December 21st Movie night at the library sponsored by ConocoPhillips 6:30 pm; How the

Grinch Stole Christmas

December 27th, 28th, 29th – No

School Nonsense 2:00

 $December\ 23^{rd}-26^{th}-CLOSED$

December 30th - CLOSED



Rimbey Neighbourhood Place

e-mail;rimbeynp@telus.net

Or (P) 403.843.4304

Do you have car seat questions or need your car seat checked by a certified technician? Call Neighbourhood Place @ 403 843-4304.

or email rimbeynp@telus.net Find us on fαcebook:

https://www.facebook.com/Rimbeycarseats/



CHECK OUT OUR NEW PROGRAMS

http://www.centralparklandparentlink.ca/

parentLINKcentre



Community Information & Referral Clinic

The 2nd Tuesday of each month Rimbey Drop In – computer room From 10 a.m. – til Noon.

Rimbey FCSS has a program to fit you. Whether you like cooking, have a young family, have an older family member, are an older family member, need help with meals, need some resources, support or company once in a while or maybe you want to give back to the community as a volunteer. We also have a resource

library available Monday to Friday 8:30-4:30, closed from 12-1. It is free to the public with books on health, well being, parenting etc. Call 843-2030 or visit our website for program details www.rfcss.com

Healthy Families Program is asking if you know of a young mom in need of support to please pass our name along. Adult Day Support Program has space for new clients, seniors who want some company and would enjoy organized activities and snacks one or two days a week. Call FCSS @ 403-843-2030 for information on these and other activities and programs or go to rfcss.com

Central Alberta Community Legal Clinic

......

The Central Alberta Community Legal Clinic offers free legal advice to those who do not qualify for Legal Aid and who cannot afford to pay a lawyer. The Legal Clinic offers advice in the areas of Family Law, Criminal Law, Guardianship/Trusteeship, and certain areas of Civil Law/Wills.

You must fill out an intake form in person or by phone before an appointment is booked. For criminal matters, you must have your disclosure before an appointment can be booked.

If your legal and financial situation fits the guidelines of the Legal Clinic, an appointment to receive free legal advice from a volunteer lawyer will be scheduled. Family Law appointments are available in the towns of Rimbey and Ponoka at the FCSS offices. All other areas are available at the Red Deer Legal Clinic offices. The phone numbers for the Legal Clinic are:

Phone: 403-314-9129 Toll Free: 1-877-314-9129



Join us on the 2nd Wednesday of each month to learn from speakers covering a variety of topics relevant to seniors. This free one hour information session will be followed by an hour of socializing and refreshments.

This speaker series will be ongoing, with the location to alternate between the Manor, FASS and Seniors Drop In. Future topics and dates will be posted as they become available. Come out and bring a friend!

Would like to Wish everyone a very safe and happy holiday, Please remember your family and don't drink (or text or otherwise be



December - Impaired Driving

Driving impaired, whether by alcohol, drugs, fatigue or distraction, imposes enormous costs on our society. Families, the health care system, the legal system, insurance companies and the general public all pay the price for impaired drivers. If you drive impaired, your luck will run out – you will get caught. Even worse, you may be involved in a severe collision that harms someone you love.

- Choosing to drive while impaired by drugs or alcohol can get you a criminal record and will cost you: your freedom, your dignity; your job; your chance of future employment and even your life.
- If the police determine your ability to operate a vehicle has been impaired by alcohol or drugs, even if your Blood Alcohol Concentration (BAC) is below .08, you can be charged with impaired driving.
- Refusing to provide a breath sample will result in a criminal charge and an immediate suspension in the same manner as other *Criminal Code* (Canada) charges (over .08).
- Police may disqualify you from driving for 24 hours if they believe your ability to safely operate a motor vehicle is affected by drugs, alcohol, medical condition or physical ability. Police may also seize your vehicle for 24 hours.
- Designated drivers should not consume **any** alcohol or use any drugs.
- More information on Alberta's impaired driving laws can be found at <u>transportation.alberta.ca/impaireddriving.htm</u>, <u>atsb.alberta.ca/</u>
 <u>AppealHearings.htm</u>.
- On average, approximately 8,600 people are convicted of impaired driving in Alberta each year.
- According to statistics, males between 18 and 21 years of age are most likely to have been drinking before the crash. Also, male drivers are much more likely to have consumed alcohol prior to a collision compared to female drivers.
- On average in Alberta, one in five drivers involved in fatal collisions have been drinking prior to the collision. This compares to an average of about one in 20 drivers involved in injury collisions. As the severity of the collision increases, so does the likelihood the collision will involve a drinking driver.

RIMBEY & AREA COMMUNITY NEWSLETTER - Available at: The Town Office, The Community Centre, Blindman Youth Action Building, Rimbey Foods, FCSS, Seniors Drop-in, The Manor, A&W, Subway, COOP, The Grand Hotel & Bluffton Store Brought to you by Rimbey Neighbourhood Place. Please send us your submissions, questions or concerns: 4907 49th Street PO Box 980 Rimbey, AB TOC 2JO phone:403.843.4304 e-mail: rimbeynp@telus.net