

# May 2023 Rimbey & Area Community Newsletter



Recreation Services 403-83-3151  
www.rimbey.com



Need a night out.

We have a great fun night happening again Thursday May 25, 2023

The Peter Lougheed Community Centre will be hosting a wine and cheese cooking class. 6:30pm-9pm

Bring a friend and learn to make Gluten free Angel food cake, and Macarons

Great for couples or a group of friends.  
Space is limited.

Cost is \$65.00  
Must be 18 years or older.  
To register call 403-843-3151



## Employment Opportunities

We are now taking applications for  
Lifeguard and Instructors positions  
for the 2023 season!

Applicants must have current lifeguard and  
First Aid/CPR Certifications. Positions will  
be filled when suitable candidates are found.

Drop of your resume at the Recreation Office  
Monday through Friday 8:30am-4:30pm the  
office is closed for lunch 12-1pm or by  
email: recreation@rimbey.com



## Rimbey Royal Canadian Legion News

Legion Bingo - the 2nd & 4th Friday of the month. Doors open @ 6:30 p.m. Bingo Starts @ 7:00p.m. \*\* Progressive BINGO. For Legion Hall Rentals call: 403 843-2184 or 403 843-2343.  
For Legion Memberships call 403 843-2464

## Need to Talk? We're Listening.

Finances should never be a barrier to mental health support. We offer options for low cost and subsidized counselling services

Sessions are currently being offered virtually, by phone, and in person.

Call (403) 347-8844 or email [info@cssalberta.ca](mailto:info@cssalberta.ca) to inquire.



[cssalberta.ca](http://cssalberta.ca)



## Rimbey Community Addiction & Mental Health Services

Free services offered by AHS for Children and Adults, struggling with addictions, anxiety, depression or any other mental health concern.  
“Hours of operation: Monday-Thursday 8:00-4:30p.m., Closed during the lunch hour 12:00-1:00p.m., Closed for Statutory Holidays. Please call the central intake line @ 1-888-594-0211 for an appointment.”



Alberta Health  
Services

## Rimbey Neighbourhood Place

drop in

# Grow and Play

Tuesday mornings -  
9:30-11:30

Blindman Youth Action  
Building

Financial contribution from  
Public Health Agency of Canada Agence de la santé publique du Canada

Made with PosterMyWall.com

DO YOU NEED:  
EXERCISE, FRESH AIR,  
ORGANIC PRODUCE, TO MEET  
NEW PEOPLE? ALL OF THIS  
AT THE

# COMMUNITY GARDEN

FOR MORE INFO CALL  
GAYLE AT  
403-704-4001 OR  
CHRISTINE AT  
902-309-9420

FAMILIES  
WELCOME

NO EXPERIENCE  
NECESSARY

# Rimbey Library

For more info. Check <http://rimbeylibrary.prl.ab.ca>

403 843-2841

We are closed Sundays!

## Monday

May 15th – PennyWise Pantry 7:00 pm Rimbey United Church w Chef Amanda Keip  
May 22nd – CLOSED

May 29th – Food Saver Secrets 7:00 PM Rimbey United Church w Chef Amanda Keip

## Tuesday

Mornings 10:30 am – Storytime with Sue  
5:30 pm – Motion for Healing yoga based with Malayna Nicolls  
7:00 pm – Corner Stone Pilates led by Angie Brooks

## Wednesday

Wacky Wednesdays - Crafts, science experiments, STEAM, and fun!! 3:30pm

May 3rd – Rockin' Rockets

May 10th - Butterflies

May 17th – DIY Scratch Art

May 24th – Oil Painting

May 31st – Pom Pom Shooters

May 17th – All Candidates Forum Peter Lougheed Community Centre – 7:00 pm

## Thursday

May 4th - Movie Night sponsored by Rimbey Lions Club – 6:30 pm Zootopia

May 11th - Armchair Traveller with Jan Boyarzin – 7:00 pm, destination Arizona,

Yuma, Tucson, & Antelope Canyon

May 18th - Super Hero Party – 6:30 pm

May 25th - Book Club – Dreaming Spies by Laurie King 6:00 pm

## Friday

May 12th - Master Chef Friday 2:00 pm

May 19th – Master Chef Friday 2:00 pm

May 26th - Music in the Park – 7:00 pm Peter Stone

## Saturday

May 6th – Free Comic Book Day Get a FREE comic book to take home.

Create your own comic with Internationally Syndicated Cartoonist Gerry Rasmussen

11:30 am – 12:30 pm Kg-Gr 3, 1:30 pm – 2:30 pm Gr – 4-7

2:45pm – 3:45 pm Gr K-3, 4:00 pm – 5:00 pm Gr 7-12 (and older!!)

May 13th - Princesses and Dragons Adventure - 2:00 pm

May 20th - CLOSED

May 27th – Afternoon Matinee sponsored by The Rimbey Lions Club – The Good Dinosaur 2:00

We have activity kits for children of all ages that are available for loan. These include five Indigenous activity kits that help you and your children explore the culture of our FNMI peoples.

## 19th Annual Citizens On Patrol COMMUNITY GARAGE SALE

SATURDAY MAY 27, 2023 from

9AM to 2PM

At Les Johnson's Farm on Parkland Beach  
Road (20019 TWP Rd 422)

### New Format this Year !

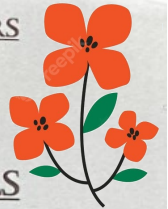
Gull Lake North Citizens on Patrol is expanding our garage sale by inviting other participants to attend and set up their own mini garage sale (NO VENDORS) in conjunction with GLNCOP's own sale. GLNCOP provides advertising, indoor table space, refreshments for sale, lots of parking and fun community atmosphere, all for \$20.00 per table, or vehicle space for "tailgate" sales.

**If you want to rent a table/space for your own mini garage sale, please send email to [genethompson123@gmail.com](mailto:genethompson123@gmail.com) or text 250-859-1956 for further information. Tables are limited, first come, first served. Take advantage of the crowd and profit from your own treasures!**

**If you want to donate items to the GLNCOPs, you are invited to bring items to the sale location on Thursday and Friday (May 25 & 26) between 11 am and 4 pm. Sorry, we are no longer able to pick up items. Please donate only clean and useful new or used items. NO clothing, fridges, stoves, mattresses, cribs, car seats, old-style TVs computers/related items, helmets or life jackets. COPs may decline items if not suitable for sale. Questions? Call 403-843-6264.**

New Members Welcome e-mail: [glncop03@gmail.com](mailto:glncop03@gmail.com)

## 66th RIMBEY & DISTRICT OLD TIMERS ANNUAL REUNION & 50 (1973) & 60 YRS. (1963) SCHOOL REUNIONS PIONEER FAMILY : SKEELS



SATURDAY, JUNE 17/2023

Rimbey Peter Lougheed Community Centre

REGISTRATION

1:00 p.m.

REGISTRATION FEE

\$10.00 (pay at door)

Afternoon snacks provided. No concession.

Program starts at 2 p.m.

**ROAST BEEF AND CHICKEN SUPPER** at 5:30 P.M.

\$30

RSVP 403-843-6497 by June 1<sup>st</sup>. in order to give numbers to the caterer

TIME FOR VISITING OLD And NEW FRIENDS

**EVERYONE WELCOME FROM RIMBEY AND BEYOND**

SUNDAY JUNE 18/2023

PANCAKE BREAKFAST AT PAS-KA-POO PARK 5:00  
8:00 – 11:00 A.M.



Rimbey Neighbourhood Place

## Parents Time Out


Connection, support, and self care for parents of young children - with child care provided

Thursday Morning 9:30-11:30.

registration required - text Sam @

403 872-1968

located at the Blindman Youth Action Building 4907 - 49 street

Financial contribution from  


**GULL LAKE NORTH CITIZENS ON PATROL**

19<sup>TH</sup> ANNUAL

**COMMUNITY GARAGE SALE**

SATURDAY MAY 27<sup>TH</sup>, 9:00 AM TO 2:00 PM

LES JOHNSON'S FARM, ON PARKLAND BEACH ROAD

CHECK FACE BOOK AND POSTERS COMING SOON FOR DETAILS

# LACOMBE MUSEUM - FORSHEE HALL WILL BE REPRESENTED

FROM APRIL 28TH TO JULY 1ST THE FLATIRON BUILDING MUSEUM GALLERY WILL BE HOSTING COUNTRY HALL, COMMUNITY HUBS AN EXHIBIT BY THE LACOMBE AND DISTRICT HISTORICAL SOCIETY.  
**WE HOPE TO SEE YOU THERE!**



**APRIL 28 @ 10:00 AM - JULY 1 @ 4:30 PM MDT**

The Rimbey Medical Clinic is pleased to announce the initiation of a screening program for at risk seniors. The goal is to identify older adults that may have characteristics of frailty. We can then implement supports, treatments, and/or investigations to improve health outcomes, independence, and resilience. Patients must have a physician at the Rimbey Medical Clinic, be 75 years or older and meet certain criteria.

**UPSKILL with SkillTech**  
BREDIN CENTRE FOR CAREER ADVANCEMENT

**START TODAY AT NO-COST TO YOU!**

The program provides the Business and Technology skills you need to achieve your employment goals.

Call or Email us to learn more  
+587-273-0225  
reddeer@bredin.ca

Scan Here

The Province of Alberta is Working in partnership with the Government of Canada to provide employment support programs and services.



**RIMBEY AA Meetings**  
*Anglican Church - 5207 52 Ave*  
*Wednesday Evenings @ 7:30*

**Alzheimer Society**  
ALBERTA AND NORTHWEST TERRITORIES

## Alzheimer/Dementia

**Drop-in Care Partner Support Group**

*We invite you to join us...*

**Where:** Rimbey Provincial Building  
FCSS Boardroom  
5025 55 St.  
Rimbey

**When:** 4<sup>th</sup> Tuesday/month

**Time:** 10:30-noon

This is a drop-in support group for care partners, allowing them to meet with other care partners who are experiencing similar situations. Care partners will have a chance to connect with others and share what is going well and not so well, while talking about any other topics or questions.

For further information, please call: 403-342-0448 ext. 706

WWW.ALZHEIMER.AB.CA | WWW.ASANTCAFE.CA | 1-866-950-5465



**RIMBEY & AREA COMMUNITY NEWSLETTER** - Available at: The Town Office, The, Blindman Youth Action Building, Rimbey Foods, the Tickle Trunk, Subway, COOP & Bluffton Store Brought to you by Rimbey Neighbourhood Place in partnership with the town of Rimbey Recreation Department. Please send us your submissions, questions or concerns: 4907 49th Street PO Box 980 Rimbey, AB T0C 2J0 phone:403.843.4304 or 403 843-6299 or text 780 887-2702 e-mail: rimbeynp@telus.net