Junior Lifeguard Club

Junior Lifeguard Club helps kids to develop skills based on personal bests in swimming, lifesaving, fitness, knowledge, leadership and teamwork.

Junior Lifesaving Club keeps kids swimming and working on their swim skills all summer long.

Improve and further develop:

- Swimming skills
- Lifesaving skills
- Leadership and teamwork
- Competition

For 8 year olds and up! All participants must be able to:

Roll into water

Kee

- Tread water for 1 minute
- Swim for 50 meters

July 3rd-August 23rd, 2018 Tuesdays and Thursdays 12-1pm Cost: \$100.00

Register at the Rimbey Aquatic Centre 403-843-2437